



# Lifelong Community Assessment

A Lifelong Community meets the needs of all its residents through every stage of life, both in how it is designed and the services it offers. It enables individuals to remain in the community as they age. Below is a tool to help you assess existing conditions in your neighborhood.

Lifelong Communities Principles		Community Status		
		Yes	No	Partially
Mobility and Accessibility	Trees for shade			
	Adequate pedestrian lighting			
	Pedestrian signal timing that accommodates slower speeds			
	Safe, crossable streets			
	Plantings and fencing positioned to reduce traffic noise			
	Engaging building frontages that welcome pedestrians			
	Sidewalk access maintained during local construction			
	Sidewalks free of clutter in pedestrian spaces			
	Handrails installed where appropriate			
	Curb cuts at all intersections			
	Pedestrian friendly sidewalk paving			
	Accommodation for specialized vehicles (power chairs, wheel chairs, etc)			
	Plentiful seating accommodations in public spaces			
	Areas of sun and shade considered in the street design			
	Bicycle lanes of safe opportunities for bicycling			
Transit stops with protected seating from harsh weather				
Traffic calming measures where appropriate				
Dwelling	Variety of housing i.e. single family, apartments, townhomes, condos, etc			
	Visitable housing: zero foot entrance, wider doors and halls, half bath on the main			
	Affordable housing close to work			
	Range of supportive types housing types, including assisted and skilled nursing care			
	Opportunities for co-housing or accessory dwellings			
Social Interaction	Front yard gardens, porches and stoops			
	Gathering places			
	Community rooms and spaces			
	Volunteer opportunities			
	Active and passive open space (parks, playgrounds, etc)			
	Community celebrations, festivals and activities			
	Third places such as parks, shops, coffee shops, etc			
Healthy Living	Shorter block sizes			
	Walkable destinations			
	Designated walking loop			
	Bike paths and accessible trails			
	Exercise and recreation venues			
	Swimming pool			
	Convenient access to health and supportive services			
	Community gardens and farmers markets			
	Neighborhood access to healthy foods			
Access to Services	Community bulletin boards and communications via Internet			
	Wayfinding signage			
	Facilities with skilled nursing care			
	Groceries, dry cleaners, beauty salon, ATM, drug stores, etc			
	Doctors offices, urgent care, clinics in close proximity			
	Hospitals, entertainment, education and cultural venues			
	Lifelong Learning and educational opportunities			